

FAMILY DROP-IN SESSIONS

We are holding regular drop-in sessions here at Turning Point Lowestoft, to help guide you with the challenges of having a drug or alcohol user in your family.



On Thursday, from 10.00am to 2.30pm:

1st Aug

22nd Aug

19th Sept

10th Oct

31st Oct

21st Nov

12th Dec

Come in and talk to Natasha our Family Support Worker for:

- Basic information and advice
- Registration with Suffolk Family Carers
- Referral onto our Family Support programme
- Signposting to other agencies

Either just turn up, or call to book an appointment:

Juanita Rampley, Tel: 01473 835411

Email: Subsmisuse@suffolkfamilycarers.org