

# Great Yarmouth & Surrounding Areas Hearing Voices Group



## Great Yarmouth & Surrounding Areas

A friendly monthly meeting for those that are affected by hearing voices and or visual hallucinations. Pop in and have a relaxed chat and refreshment, or join one of the many group outings or maybe listen to a talk from one of the guest speakers. Everybody welcome including carers (Over 18's only sorry).

Next Meetings for 2020 are: **29<sup>th</sup> January: 28<sup>th</sup> February: 27<sup>th</sup> March: 24<sup>th</sup> April: 27<sup>th</sup> May: 26<sup>th</sup> June: 30<sup>th</sup> July: 26<sup>th</sup> August: 24<sup>th</sup> September: 30<sup>th</sup> October: 27<sup>th</sup> November: 17<sup>th</sup> December**

10.30am to 12.00pm AT

The Kings Centre, 22 Queen Annes Road, Great Yarmouth  
NR31 0LE

Facilitated by

Alice Yong

NSFT

&

Gary Walker

Voice Hearer & Inter voice Member

07432 328 235

[gary.walker@nsft.nhs.uk](mailto:gary.walker@nsft.nhs.uk)

Contact Gary for details of the next meeting, see you then!

**inter**  
**voice**