

Lowestoft Walk and Catch up social

Meeting at the South Pier (by the Neptune Statue)
Royal Plain, Lowestoft, NR33 0AE
Monthly Wednesdays
1pm-3pm

29-1-20, 26-2-20, 25-3-20

Join us for a walk along the seafront to The Thatch for a drink, heading back to South Pier for 3pm. This is not a therapy session but a chance to connect with others in a relaxed and friendly group. Beverages are available to purchase. Feel free to bring a friend.

If you have any questions contact Steve on
07341 867 140 or steven.warner@nsft.nhs.uk

This is a 16+ event

