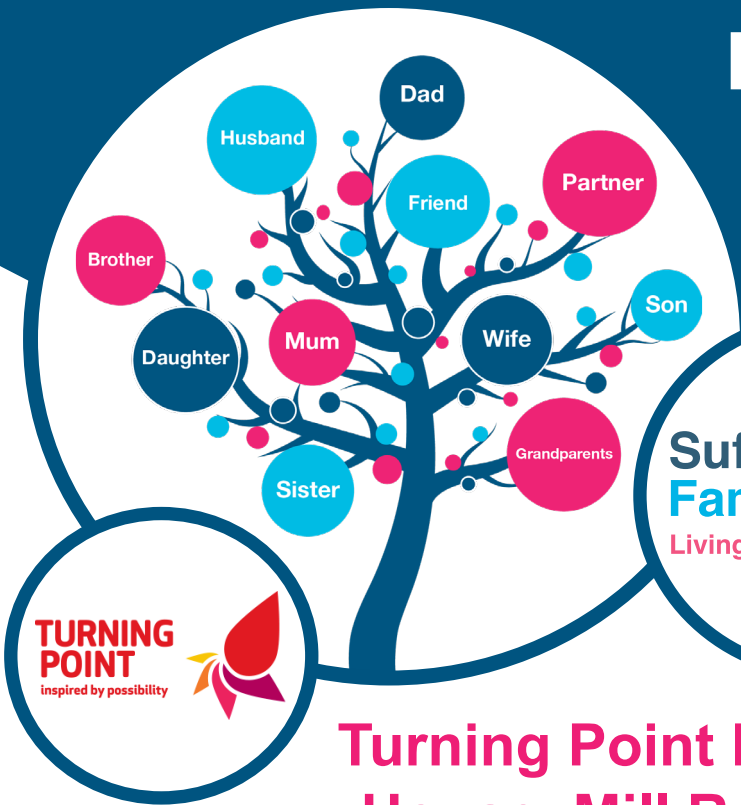


Family Drug/Alcohol Support Sessions



Suffolk Family Carers
Living Fuller Lives

Lowestoft

10am to 2.30pm

Turning Point Hub, Woodbury House, Mill Road, Lowestoft NR33 0PP

TURNING POINT
inspired by possibility



We are holding regular support sessions at Turning Point, to help guide you with the challenges of having a drug or alcohol user in your family.

Come in and talk to Natasha our Family Support Worker for:

- Basic information and advice
- Registration with Suffolk Family Carers
- Referral onto our Family Support Programme
- Signposting to other agencies

Thursday 16th January 2020

Thursday 6th February 2020

Thursday 5th March 2020

Thursday 26th March 2020

To book an appointment for the above dates, please call **01473 835411** or email

Subsmisuse@suffolkfamilycarers.org

www.suffolkfamilycarers.org

