



The Joy Of Food Cookery Course

Increase Your Confidence in Cooking - for FREE!

2020 - Session Dates:

9th, 16th, 23rd & 30th January, 10:00am-1:00pm

Or 23rd, 30th April, 7th May & 14th May 10:00am-1:00pm

Community Roots | Queen Annes Road | Southtown | Great Yarmouth | NR31 0LE

- Want to increase your confidence in cooking? This FOUR SESSION course will help you to develop confidence and skills in planning and preparing healthy, good value meals!
- Delivered and funded by **Norfolk County Council Adult Learning**, the course is FREE, including all ingredients, and you'll be able to take home whatever you make.
- Upon completion of the course, you will receive a FREE RECIPE BOOK with all the recipes you have made, plus more!
- To book your place, please email reception.gy@norfolkandwaveneymind.org.uk or
- Tel 01493 842129



W: www.norfolkandwaveneymind.org.uk
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